



st JOSEPH'S  
SCHOOLmernda

## PE Learning Snapshot Term Four, 2019

### PREP...

During Term Four, students will continue to develop their gross motor skills through basic and complex movement sequences. Throughout this term, students will engage in individual, partner, small group and whole class activities. Students will have an opportunity to learn how to punt a ball and will be introduced to the skill of a forehand strike through a tennis unit. Students will also engage in a minor games unit which focuses on the skills learnt throughout this year which includes catching, throwing, kicking and dribbling. Students will continue to improve their hand-eye coordination, eye-foot coordination and spatial awareness. In addition, students will continue to follow the rules when participating in physical activities by demonstrating appropriate use of equipment and following instructions for personal safety and fair play.

### YEAR 1/2...

During Term Four, Year One and Two students will continue to engage in a variety of Athletic events in preparation for the St. Joseph's Athletics Carnival. Students will also have the opportunity to explore the sport of Tennis. Students will begin to develop the basic skills to perform a forehand strike to a partner. Through a minor games unit, students will practise a variety of skills they have learnt throughout this year, specifically focusing on target games, to continue to improve accuracy, precision and control. Throughout the term, students will continue to improve their hand-eye coordination and gross motor skills through individual, partner, small group and whole class activities. In addition, students will continue to follow the rules when participating in physical activities by demonstrating appropriate use of equipment and following instructions for personal safety and fair play.

### YEAR 3/4...

During Term Four, Year Three and Four students will continue to develop their understanding

of the basic skill concepts, tactics and strategies used in a variety of sports. This term, students will explore the sport of Rugby and will have the opportunity to engage in the sport of Tennis which will be delivered by a professional coach for four sessions. Students will also participate in a minor games unit, focusing on fair play, cooperation and teamwork in challenging game situations, whilst refining their fundamental movement skills. During the rugby unit, students will focus on their ability to maintain possession by passing to teammates and develop an understanding of defensive and offensive play. Tennis will primarily focus on precision and accuracy, being able to successfully perform a forehand strike. Throughout this term, there will be opportunities for students to participate in competitive and non-competitive games. In addition, students will focus on positively responding to challenges and being persistent in new activities to strengthen their own personal identity.

#### YEAR 5/6...

During Term Four, Year 5 and 6 students will have the opportunity to engage in the sport of Rugby, which will be delivered by a professional coach for four sessions. Students will begin to explore and understand the rules, tactics and strategies used in Rugby and European Handball. Students will apply critical and creative thinking processes to demonstrate defensive and offensive play. Students will also demonstrate the ability to maintain possession between teammates during a modified game. Students will also explore the sport of Volleyball this term. Students will be given the opportunity to participate in competitive and non-competitive activities. Students will continue to be encouraged to work cooperatively and demonstrate fair play when participating in team based sports. In addition, students will focus on positively responding to challenges and continue to demonstrate the ability to work cooperatively and abide by rules fairly when participating in a variety of sports.